

	Context: Anglo Saxons		Context: Space	Context: Vikings/,viking gods	Context: Explorers	Context: habitats/ living things
PE	Swimming	Swimming REAL PE Skill 10 + 7 footwork + counter balance Coordination	REAL PE Skill 5 + 6 Dynamic balance - Jumping and landing+ on the line	REAL PE - Skill 8+9 sending and receiving + ball skills Coordination	REAL PE Skill 11 + 12 Ball chasing + reaction and response Agility	REAL PE Skill 3 + 4 Static balance Floorwork + stance
PE	Rugby (coach) Football	Netball	REAL PE	Orienteering	Tennis	Athletics
PSHE - LIFEWISE	Learning Resilience Teamwork	Dealing with adversity Responsibility and inspiration Body language and communication	You get out what you put in Communicating effectively The Digital World	Respecting others - boundaries and beliefs The NHS	Supporting the community Saving money Borrowing money	My Body Changes Junk food Nutritional values The Human Body