

# TMS Personal development Launchpad - 2023/2024

## Year 2

### PSHE & Wider opportunities

#### Fire safety

The 3 P's for Fire safety are

- **Prevent** (stop something happening before it starts)
- **Plan** (think before situations happen so that you can plan if something does happen)
- **Practice** (make sure everyone knows the fire and escape plan)



Test your fire alarm once a week

If in a fire, alert people (where possible) by shouting 'fire', get out, stay out then call the fire brigade (999)

#### Survival needs

**Water** is the most important need in life, without it we wouldn't survive very long .

**Without water** humans can survive for 3 to 4 days

**Without food** humans can survive for over 3 weeks

Humans also need **shelter** and **warmth**

Humans need to keep their **body and mind active**



#### Environment

**Pollution** is when something harmful or poisonous affects our environment

There are 4 different types of pollution:

- noise
- water
- air
- light

**Global warming** is when there is a rise in the temperature of the Earth's atmosphere. It affects weather and climate

**Plastic** takes years to decompose, we need to recycle it so that it does not damage our world forever

