

Relationships Education

Friends

There are different types of friendships
Friendships are important and having friends is valuable in making us feel happy and secure
Friends care for each other and value each other
Sometimes friends fall out
When friends fall out, it is upsetting
There are skills people can learn to solve arguments with friends
It is likely that after a fall out, friends will become friends again!
Friendships change over time



Characteristics of friendships

- Respect
- Truthfulness
- Trustworthiness
- Loyalty
- Kindness
- Generosity
- Trust
- Sharing interests and experiences
- Support with problems and difficulties.



Families

All families are different and have different family members

Trusted adults

There are trusted adults who people can go to for help and support



Bubbles to Protect

There are different types of touch
People like, and do not like, different types of touch.
Personal space is the space you are comfortable with between you and another person.
There are ways of communicating when you do not like certain types of touch



Males and Females

There are similarities and difference between males and females



The scientific names of male body parts: penis, testicles
The scientific names of female body parts: vagina



Gender, sex and stereotypes

Gender identity is a way that a person feels about themselves. People may show their identity in the way they dress, speak or act.



The sex of a person means the biological body parts a person may have.

Gender stereotypes are views people have about a person based on their sex. This can include toys, clothes, jobs, hobbies and roles in the home.

It is important that everyone shows respect and tolerance and stand up for people who may be discriminated against.

Consent

There are situations where permission needs to be asked
There are different ways of asking for permission
It is important to say no if you do not want to give permission

